

THE SPIRITUAL NATURE OF MANKIND

From A GATE OPENS By Herbert Vollmann



Also Introduces
IN THE LIGHT OF TRUTH: THE GRAIL MESSAGE
By Abd-ru-shin

THE
SPIRITUAL NATURE
OF
MANKIND

EXCERPTS FROM THE BOOK

A GATE OPENS

BY HERBERT VOLLMANN

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THIS BOOKLET contains translations according to the sense of the original German text *Ein Tor Öffnet Sich (A Gate Opens)*. In some cases the word-forms of the translation can only render the meaning and contents of the original approximately. Nevertheless, the reader will come to a good understanding of it, if he strives to absorb the meaning of the contents inwardly.



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A GATE OPENS

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INTRODUCTION

BEHIND EVERYTHING STANDS the Will of God, moving and sustaining!

On this side, in the gross matter of this earth, we see everywhere only the ramifications, the final effects of this Eternal Will, Which finds expression in His immutable Laws.

For the human spirit it is now particularly stimulating and gladdening to be able to investigate and divine the deeper meaning of outward happenings and events; for that which is real lies beyond earthly comprehension, and can be grasped only with the spiritual faculties.

The essays that follow are dealt with from the spiritual viewpoint, and are intended as a stimulus for contemplation of those things which cannot be perceived with our five senses, but only with the intuitive perception of the spirit. May these essays encourage deep reflection, above all about ourselves, without our falling at the same time into unhealthy pondering.

Then a gate may suddenly open that until now had remained closed, behind which emerges an ever brighter path that can lead unswervingly out of many oppressing errors, doubts, and afflictions: Upwards to the Light!

Herbert Vollmann

THE GREAT TRANSFORMATION

THERE ARE TWO MAIN kinds of life in the whole of Creation: unconscious and conscious life.

Only through *experiencing* can the unconscious state be transformed into a conscious one. So is it also with the human spirit.

When it leaves its point of origin, mankind's Paradise, it is a spirit-germ which as yet has no consciousness of its own, and solely under the *urge* of becoming conscious, sinks down into the Worlds of Matter in order first of all as a spirit-germ to experience *consciousness of its existence*.

The further development from consciousness of existence to being conscious of oneself, with the rising degrees of becoming conscious of oneself, is a long journey with many reembodyments (reincarnations) in *human bodies*.

For this the stage of consciousness of existence as transition is of course absolutely necessary, but the spirit-germ may remain there only a certain time if it does not wish to lag behind in its development, and thus in a state similar to that still to be found among some primitive tribes.

The full maturity of a human spirit is equivalent to consciousness of oneself, the basis of which is *self-recognition*, that the core of man is spiritual and that his true home lies in the Spiritual Realm.

The completion of this last great stage of development should have been reached today by all human beings sojourning in the World of Matter, because the time for this is fulfilled, according to the Laws of Creation.

At the same time, with the full maturity that can grow only out of experiencing, men would have come into possession of the true knowledge that lies only in the cognizance, without gaps, of the Laws woven into Creation by God.

A G A T E O P E N S - Part III, Chapter 7

THE KINGDOM WITHIN US

THIS EXPRESSION IS OFTEN used. People also say: the Kingdom of Heaven or the Kingdom of God within us.

As to the real meaning of these words there are only vague ideas, which leave open the main questions: In what way is the Kingdom of God within man? Has it always been within us? Or does it only enter into man later, perhaps through the Word of God?

The "Kingdom within us" is closely linked with the Law of the Cycle, which can be easily observed in Nature.

The human spirit also is subject to this Law, which means that each one must return to its origin, just as the blood ever again flows back to the heart.

But where does the origin of the human spirit lie?

In the Spiritual Realm, which we call the Paradise of the human spirits, or "the Kingdom of Heaven;" there is his origin, his true home, the Kingdom of God.

Far above the Spiritual Realm is the Divine Sphere, and God Himself in His Unsubstantiality, eternally unapproachable and incomprehensible to the human spirits.

Hence the human spirit cannot bear within it anything Divine, because its origin lies much *lower* in the *Spiritual* Realm.

It lives there as an unconscious spirit seed-grain, which is released (expelled) from Paradise, and plunges into the material substance of the World that lies below. Here the spirit awakens to full consciousness, and in natural development returns to Paradise as conscious of itself, as the "prodigal son" who has found his way back to his homeland.

The core of man, thus what constitutes the essential part of man, his spirit, is of such a kind as exists in the Spiritual Realm.

Through this he is himself a part of the Spiritual Realm, a part which he as earth-man bears within him and which is eternal, whereas all the coverings which envelop the human spirit are transient.

When Jesus was asked by the Pharisees “when the Kingdom of God should come” He answered them: “The Kingdom of God cometh not with observation: Neither shall they say, Lo here! or, lo there! for, behold, the Kingdom of God is within you” (Luke 17, 20 and 21).

In the last Wittenberg edition of the Bible of 1545, published during Luther’s lifetime it says, “the Kingdom of God is within you.”

In a 1916 edition of the Bible the same words are still to be found. Later, however, Luther’s translation was changed to, “the Kingdom of God is in your midst”.

The reason given for this by various sources was inaccuracy in the translation of the original text, and the objection that the Kingdom of God could not have been within the Pharisees because they had opposed Jesus.

Nevertheless we have seen that this is so, because spirit, and with it a part of the Kingdom of God, is in every human being. Except that through evil thoughts and actions this “inner kingdom” has been completely buried in some, and in others it is less strong.

But then all is not done with the “Kingdom of Heaven within us”. We must earnestly strive, indeed strive with unflinching diligence, really to maintain the link with the native Luminous Fields.

We are helped to achieve this by the spiritual power that comes from the same spiritual origin and streams through Creation.

The spirit within us, like the physical body, needs its nourishment so that it can grow into the necessary consciousness which alone makes it a complete human spirit. Just as the physical body is unable to do without water, so does the spirit need the “Water of Life”, spiritual power.

It has surely been noticed already by everyone, when a strong inner shock, whether of deep sorrow or great joy, loosened the dense coverings surrounding the spirit. He then sensed for some blissful moments the nearness of this power, of which he hardly becomes conscious in everyday life.

With the help of this spiritual power, and with the gifts and abilities originally vested in him, man *would* have been in a position to let a Paradise-like condition arise on earth!

Instead of this he is suffering today from an extreme *self-estrangement*. He has estranged himself from his self, his spirit, by allowing the awareness that he has a spiritual core within him to be extinguished.

Only through a *constant* good volition shall we be able to reawaken this consciousness. Therefore let us listen within, let us hearken to the inner voice, and heed every gentle urging of the spirit towards what is beautiful and noble, every sorrow over lost spiritual values, every silent reproach of having done little or nothing yet at all to unfold to full blossom the gifts bestowed by the Creator.

When often in the midst of all darkness and all affliction, we are seized by homesickness for bygone beautiful things, for happy hours formerly experienced, for a tender, deeply spiritual mood, as may perhaps have been the case at a Christmas festival, we usually describe this today by the word *nostalgia*!

But let us just for once examine closely with the inner perception whether behind it there is not hidden the unquenchable longing of the suppressed spirit that strives away from the earth to the Eternal Fields of the Kingdom of God, of which we bear within us the smallest part!

With the awakening of this inner longing we draw ever more luminous rays from the Universe, which gradually loosen and eventually altogether dissolve the self-created dark covering, so that the spirit on earth can again shine forth radiantly, as once it did in the springtime of mankind!

A G A T E O P E N S - *Part III, Chapter 3*

THE I IN THE LANGUAGE

THE SOJOURN OF MAN ON earth and in the beyond assists his development from an unconscious spirit-germ to a conscious ego, to a personality conscious of itself, with free will and the responsibility arising out of it.

That is the state man should strive for as soon as he has left Paradise, the Spiritual Realm, as an unconscious spirit-germ. In the throes of experiences, and through all kinds of influences assailing him, he must fight for his full spiritual maturity on his journey through the material substances of the World.

With the attainment of this goal he has completed his cycle through the World, and then returns to Paradise as a fully-conscious personality.

The development into a self-conscious human spirit is naturally to be found in the evolution of languages. For the spirit of man also forms the language. The more he unfolds his natural consciousness, the more is this expressed in the language, above all in the introduction and use of the word "I".

Hence it follows that, for instance, in the languages of ancient times the "I" is still little used as a single word. It is completely lacking in the verbs, and is expressed solely in their endings. Only later, with increasing development towards self-consciousness, did the "I", among some peoples, emerge, as it were, from its obscurity within the verbs, and was placed in front of them.

We observe the development of the human spirit to personal ego-consciousness, comprising millions of years, as a recapitulation concentrated into the childhood of present-day man. At the same time we notice that neither does the child yet use the word "I", but to begin with employs its first name or a variation of it. Only later does it begin to make use of the word "I", as the spirit gradually awakens to consciousness of itself.

If man reflects for once on the actual goal of his development, he will see that his ego has not remained alone. As a result of his wrong

development the word “mania” has been added, as an expression of his inner condition as it manifests today, his desire for importance, and his intoxication with power.

Therefore it will not be easy for him to break free from the *egomania* prevalent today, in order to re-discover the interrupted path of natural development to the perfecting of his personality.

This involves above all the recognition that his sojourn in the earthly Gross Material World is only a *path*, and not the goal itself. Everything on earth is only a means to the end of spiritual development, to the completion of the cycle whose beginning *and* end lie in Paradise, the home of the human spirit, from which it has issued as a spirit-germ in order to return there as a complete human spirit.

A G A T E O P E N S - *Part III, Chapter 4*

NO TIME FOR SPIRITUAL THINGS!

HOW LITTLE TIME INDEED has man for any spiritual happening, although he himself, his real ego, his spirit, is a part of this happening, simply through the very fact that he originates in the Spiritual Realm. There is his Paradisal home, which he has left in the urge and longing to become conscious.

Even on earth a man who emigrates to another country does not forget his homeland, he at least thinks back to it now and then, if he is not even overcome by homesickness for the land of his earthly origin.

But he no longer knows anything of his spiritual home, which lies above in Paradise. Not even a divining of it arises within him. And yet the spirit, filled with repressed longing, is always waiting for the dark walls built around it by human guilt to be torn down, so that his gaze may become free towards the Light.

Man always has time enough for earthly things and earthly customs, but there is no time to spare for spiritual investigating and seeking, although it is actually so essential for his ascent out of this world of perishable matter, which indeed is only meant for him temporarily as a place of learning, of investigating and of development.

Man should indeed produce earthly goods and enjoy them with pleasure, but he must not place the acquisition of earthly possessions *above* spiritual gain, which alone mediates eternal values to him.

Only *these* values which he is able to acquire through genuine inner experiencing give him strong support in the beyond, firm confidence, and genuine trust in God. But the earthly values which he has acquired with the help of his intellect remain behind after death and pass away like the brain which produces the intellect.

It is just the intellect that so often stifles the rising longing of the spirit, pushing aside fruitful recognitions and experiences, declaring that it has no time for them.

May the human being in the pressure of earthly activity swing himself upwards more and more to devote sufficient time to the spiritual. It will bring the spirit multiple gain, here as well as over there in the other world, which no earthly wealth however great can outweigh.

Whether the search for the spiritual relates, for example, to the question of the origin of the human spirit, its task in Creation, life after death, the spiritual power by which it lives and exists, or whether it concerns its free will, its responsibility, its fate and its repeated earth-lives.

No time for spiritual things! This can only be a lazy excuse of the intellect, because by its nature it is in no position whatever to grasp spiritual things. Its field is the earthly.

The spirit, however, which is eternal, does not know this excuse. It always has time for spiritual things, as soon as and as long as it goes on striving to keep awake its longing for the Luminous Heights!

A G A T E O P E N S - *Part III, Chapter 6*

HEAVENLY MELODY

AN INCONCEIVABLY LONG time ago, a great train of bright little flames went forth from their Eternal Home, where a delicate breath of spring had only just awakened them out of a deep sleep. Many a luminous hand was raised in blessing, as though in a last greeting, and loving, kindly glances followed after them.

The bells of Paradise were ringing as they departed, and even at the last moment they caught this silver-clear tone, and cherished it deep in their young hearts.

Then the little points, whirling merrily, sank into the world-embracing depths. –

The time came when these delicate little flames had blossomed forth in purity into human spirits, and in the blossoming there mingled a faint note from far, faraway lands, which touched the strings of their hearts like gentle hands, awakening that tone which had sounded so beautiful to them as they departed, and which they had quietly received into their innermost being.

Then they were seized by a vehement urge; for they knew the sweet sound of home, and soon their strings resounded more fully, and their song grew into a melody filled with longing.

That was the time when planet earth still revolved in luminous orbits, and when fresh heavenly dew fell on it each day.

Then came a day when that longing-filled ringing became fainter, weaker. Discords were heard. At first here and there, and then they filled the Universe. Alarmingly the Jubilation of the voices faded, soon the great chorus had fallen silent. No echo could be heard any longer in the Dome of Heaven. The holy singing of earthmen had died away. –

Man had voluntarily created for himself a very effective trap. Following the urge for development, he descended from Paradise into the material substance of Subsequent Creation, but he forgot his origin and was caught in the World of Matter. Thus he could no longer make anything of the urging and exhorting within his heart.

In place of the longing, the yearning for Truth and Eternal Life, the greater part of mankind put the craving for earthly things, the desire for pleasures of the lowest kind. When the Heavenly did for once knock warningly under a dense cover, they sought to drown it in the earthly.

One frenzy after another seized the human spirit. Had some poison paralyzed it that it could so forget the song of its Spiritual Home? Was it no longer able to recall that wondrous sound, which so strangely makes the heart tremble in secret joy?

When people far from their earthly homeland meet with others of their countrymen, the joy of seeing each other again is often endless, and they are proud of their earthly country. But do they then no longer know that they call yet another Homeland their own, one much more beautiful, much more flourishing? Why do they never speak of this, their original Home, Paradise, why do they not rejoice together over it when they meet down here on the earth-plane during their long journey through the Worlds?

Has then the sublime song of Heaven grown so completely silent in the hearts of men? Does not its melody after all still secretly sing and ring, where seeking men on their long journey truly long for it?

The yearning that slumbers in the core of the soul is only veiled. Does man not mark how the unquenched longing is constantly knocking and exhorting, when he sets out on his travels, when he wishes to journey through the lands, across the seas, when he climbs the mountain peaks, or when inexplicable restlessness comes over him in the hurly-burly of everyday life?

If he bursts these coverings with the purity of true yearning, then he is instantly connected with the eternal power of the spirit. On the path of this connection happiness quietly comes to him, a new great hope dawns in his heart.

He who can constantly keep the connection here on earth has succeeded in mastering life; he is gripped by the great love which is always anxious that his fellow-man should also find the impetus upwards to the Blessed Fields.

But he who seeks the true yearning seeks also atonement, the liberation of himself from all the guilt of past earth-lives. He therewith obliterates the traces of wrong paths which he had followed, and achieves already on earth a high degree of spiritual consciousness.

Thus man will then be firmly anchored in earth-life, and yet able to draw from the full Fount of Heaven. And the more he draws, the more alive becomes that healthy idealism which, within natural limitations, always creates lasting spiritual values, thus building a golden ladder upon which his spirit may finally enter Paradise.

What a miracle will then take place! Unconscious little spirit-sparks went forth from Paradise, and they will return as self-conscious personalities. They had already been in the Kingdom of God before, and yet they can see and experience it only after they have allowed their longing for the complete understanding of the Laws of Creation to mature far from home – after there had been bestowed upon them, along with the attainment of full consciousness, the simultaneous knowledge that they are allowed to exist eternally.

Do you hear how an invisible hand glides over the golden strings of the Heavenly Harp, and how more and more loudly it rings and sings the pure, sublime melody, so that the sound may awaken the longing of your spirit, and blessed recollections rise up from the depths? Once more you can so fan your yearning with it that it may burst into flame, scorching everything base that holds you down, and luminous rays may strike your soul.

Then after a long, long time the gates of the Blessed Lands from which you once, slumbering, took the first step will be opened again. You will return on that path by which *those* human spirits may come who did not forget that bell-clear Heavenly Song, and let its last note, which they caught even as they were departing, resound in a jubilant chord.

Therefore make room within yourselves for the true longing, and free yourselves from all petty considerations. May what is great and pure be your wish and goal eternally!



A GATE OPENS

BY HERBERT VOLLMANN

FOREWORD

THIS BOOK IS INTENDED to show how the building blocks of the Knowledge of Creation, which the work *In the Light of Truth – The Grail Message* by Abd-ru-shin gives to men, can be joined together like mosaic pieces into pictures (themes), with the aim of a joyful spiritual experience, if in being put together the picture emerges complete.

May the essays worked out in this way encourage a deeper reflection, above all about ourselves, without our falling at the same time into unhealthy pondering.

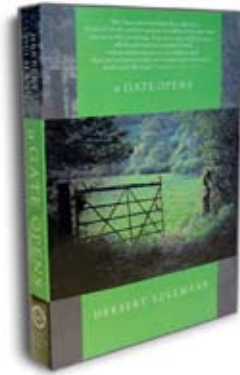
Then a gate may suddenly open that until now had remained closed, behind which emerges an ever brighter path that can lead unswervingly out of many oppressing errors, doubts and afflictions: Upwards to the Light!

For all human spirits who bear within them the firm volition for the good, there is only one way to the Light. Manifold are the human paths that lead there, whether they be marked by bitter suffering or filled with joyous longing.

But with serious seeking there will always come the day when all these paths converge on that path that leads into the Light of Truth, whether it be here on earth or in the beyond.

May the recognitions given in this volume be of help to seekers in finding and treading the path that leads upwards to God's Luminous Realms, and finally to eternal Life!

A GATE OPENS



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TOPICS INCLUDE:

The Secret of Nuclear Energy - The Astral Body - The Origin of Man and the Human Races - The Transplanting of Organs - Death and Beyond - The Guilt of Golgotha - Evolution or Creation - What is Happiness? - The Secret of Gravity - The Disease of Cancer - The Aquarian Age - The Meaning of Life - The Revelation of John - The Cosmic Turning Point - The New Covenant - What is the Holy Spirit? - Pollution of the Environment - Termination of Pregnancy - Where Does Evil come from? - Incarnation in Past, Present, and Future - And More....



HERBERT VOLLMANN, 1903 - 1999, was born in Germany. On his quest for spiritual values, he became acquainted with The Grail Message "In the Light of Truth" written by Abd-ru-shin and made it the content of his life. Mr. Vollmann has drawn his knowledge from this work, as well as through personal conversations with Abd-ru-shin.

IN THE LIGHT OF TRUTH THE GRAIL MESSAGE

BY ABD-RU-SHIN



AMONG ALL BOOKS of spiritual content, this work occupies a unique place. It can be said that it gives an *explanation of the World*, for it describes the comprehensive view, so often longed for, of everything that takes place between God and us human beings. Yet no scientific, philosophical or esoteric expositions, such as are commonly offered today, must be expected from the Grail Message. In its nature the Grail Message stands apart; in a logical train of thought it addresses the reader in simple words.

It is the author's declared intention with his work to lead seekers again closer to life, indeed, *back to God*. Therefore the Grail Message always addresses itself *to the individual alone*, regardless of nationality, race or creed. It wishes to be of help to the human being by showing the *direct* way, because the fundamental change in spiritual orientation hoped for by many today can only arise on the basis of the *individual's* personal thinking and examining, and the ensuing recognition and conviction.

The path through life indicated by the Grail Message is straightforward, clear, and far removed from any mysticism:

"He who bears within himself the firm volition for what is good, and strives to give purity to his thoughts, has already found the way to the Highest! All else will then be added unto him."

Purity of thought and the firm volition for what is good are directly related to consistent *work on oneself*. To enable man to reawaken within him that which distinguishes him spiritually – namely *humanity* in the best sense of the word – the Grail Message refers again and again to Christ's original Teaching and builds upon it:

"...Jesus has already shown you the simple way leading unerringly to the goal, for deep truth lies in the simple words: 'Love thy neighbor as thyself!'

"With these words He gave the key to freedom and ascent! Because it is an irrefutable fact: What you do for your neighbor you do in reality only for yourselves! Solely for yourselves, since according to the Eternal Laws everything returns to you without fail, good or evil, either already here or there. It will surely come! Thus you are shown the simplest of ways in which this step to the good volition is to be understood.

"You should give to your neighbor with your being, you nature! Not necessarily with money and goods. For then those without means would be excluded from the possibility of giving. And in this being, in this 'giving yourself' in the relation with your neighbor, in the consideration and respect you voluntarily offer him, lies the 'love' of which Jesus speaks; lies also the help you give to your neighbor, because it enables him to change himself or ascend further, and because he gains strength from it."

A life devoted to God in the spirit of Christian love for one's neighbor is hardly still possible today on the basis of a childlike belief, for the *conviction* of the existence of the One Creator has long since been degraded to humanized images of God and conflicting denominational dogmas that cannot be reconciled with earnest thinking. Moreover these contribute substantially to the fact that ever-diminishing numbers of people still recognise values in the present religious concepts.

For an effective new approach traditional belief no longer suffices. *Genuine conviction is imperative!* This, however, is primarily associated

with *knowledge*. Therefore Abd-ru-shin substantiates his explanations in the Grail Message with the activity of comprehensive *Creation-Laws*, which interweave all the visible material planes, as well as the vast realm “beyond the five senses”.

These Laws of Creation – synonymous with the *Will of God* – are designated by Abd-ru-shin as the “Language of the Lord”:

“The whole of Creation is the Language of God, which you should earnestly strive to read, and which is by no means as difficult as you may think.”

In addition he states:

“You earthmen are in this Creation to find supreme happiness! In the Living Language which God speaks to you! And to understand this Language, to learn it, and to sense inwardly the Will of God in it, that is your goal during your journey through Creation. In Creation itself, to which you belong, lies the explanation of the purpose of your existence, and at the same time also the recognition of your goal during your journey through Creation! In no other way can you find either.

“This demands of you that you live Creation. But you are only able to live or experience it when you really know it.

“With my Message I now open the Book of Creation for you! The Message clearly shows you the Language of God in Creation, which you must learn to understand so that you can make it completely your own.”

In his Grail Message, Abd-ru-shin refers again and again to the all-embracing *Primordial Creation-Laws*. The knowledge about these Laws of Creation forms that solid foundation which, far from all denominational dogmatism, leads *from belief to conviction*. And it is just this path that the “Grail Message” wishes to point out.

The Foreword reads:

FOR YOUR GUIDANCE!

THE BANDAGE FALLS, and belief becomes conviction. Liberation and redemption lie only in conviction!

I am addressing earnest seekers only. They must be able and willing to examine this matter objectively! Religious fanatics and irresponsible enthusiasts may hold aloof, for they are detrimental to the Truth. As for the malevolent and prejudiced, they shall find their sentence in the very words.

The Message will strike only those who still carry within them a spark of truth, and the yearning to be true human beings. To all such it will become the shining light and staff. It will lead them unswervingly out of all the chaos of the present-day confusion.

The following Word does not bring a new religion, but is intended as the torch to help all serious listeners or readers find the right path, which leads them to the longed-for height.

Only he who bestirs himself can advance spiritually. The fool who uses extraneous aids for this, in the form of the ready-made opinions of others, only walks his path as if on crutches, while ignoring his own healthy limbs.

But the moment he boldly uses all the abilities which lie dormant within him awaiting his call, to help in his ascent, he is employing the talent entrusted to him in accordance with his Creator's Will, and will easily overcome all obstacles that seek to divert him.

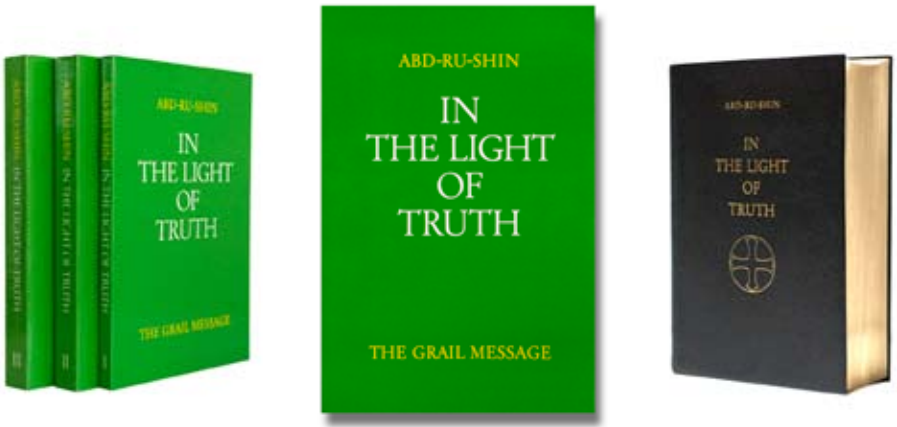
Therefore awake! Genuine faith lies only in conviction, and conviction comes solely through an inflexible weighing and examining! See that you are truly alive in the wonderful Creation of your God!

Abd-ru-shin

IN THE LIGHT OF TRUTH THE GRAIL MESSAGE

BY ABD-RU-SHIN

BETWEEN 1923 AND 1938, Abd-ru-shin wrote 168 lectures, which he assembled to form the Grail Message "In the Light of Truth". Since then, this work has been translated into 15 languages and is available in over 80 countries.



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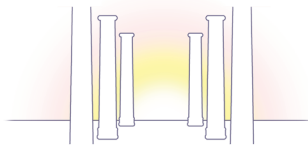
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“THE FULL MATURITY of a human spirit is equivalent to consciousness of oneself, the basis of which is *self-recognition*, that the core of man is spiritual and that his true home lies in the Spiritual Realm.”

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